

6 класс.

Задание 1. Прочитайте текст и ответьте на вопросы.

Задание 2. Собеседование по пройденным темам.

1. Летний отдых
2. Путешествие
3. Соединенное Королевство Великобритании и Северной Ирландии
4. Семья
5. Шотландия
6. Россия
7. Австралия
8. Уэльс
9. Праздники в России
10. Праздники в Британии
11. Праздники в Америке
12. О себе

**Задание 1. Прочитайте текст и ответьте на вопросы.**

### **Healthy Food**

Eating is fun, especially when you are hungry. Most people have a favourite food. Some people enjoy eating sweet things like cakes, chocolates and ice cream. Other people enjoy savoury foods like cheese and meat.

Enjoy eating is our body's way of making sure that it gets the things it needs to work properly. Food helps us to keep warm, talk, run and do all the other things we do. It helps us to grow and stay healthy.

Vitamins also help us to be healthy. Scientists name vitamins after the alphabet. All of them are very important, for example: vitamin C keeps our skin and gums healthy. It is found in fresh fruit and green vegetables, such as oranges, blackcurrants, lettuce. Brussels sprouts and spinach also contain a lot of vitamin C. Vitamin D helps our bones to grow strong and hard, and we are able to make it for ourselves if our skin gets enough sunlight. But we can also get vitamin D if we eat fish, milk, butter, cheese and margarine.

Some people buy pills and tablets containing vitamins. But most of us get more than enough of them from our food.

### **Answer the questions**

1. What do some people enjoy eating?
2. Food helps us to keep warm, talk, run, doesn't it?
3. How do scientists name vitamins?
4. Where is vitamin C found?
5. We can get vitamin D if we eat cakes and chocolate, can't we?

Задание 2. Ответьте на вопросы.

1. Where is Australia situated?
2. Where do you like to have a rest in summer?
3. What British holidays do you know?
4. What can you tell about yourself?
5. Do you like travelling? Why? Where?